

Riverside Runners Championship 2008

This document provides the race results for the races that “qualify” for use in the club championship. It is added to as the season progresses showing the race name and date, the competitor, their time and the percentage rating given under the “WAVA” rules. The tool that is used in this championship is the one provided by Howard Grubb at <http://www.howardgrubb.co.uk/athletics/runcalc.html> and the final figure utilised in the Riverside Runners championship is the “WAVA %AGE”.

Specific points to note :

- Races must be certificated following the IAAF guidelines
- Must enter under their own name and as members of Riverside Runners
- Age is calculated as being that on 1 January 2008
- Two results required from each of the three distances as described on the website under “Championship”. At least one from each distance group must be a nominated race (except half to full marathon). Each result must be from a different course length ie a 5k and a 5m not two 5k results.
- Riverside Half Marathon results will not be taken into account in the 2008 championship.

Any questions – ask one of the Committee, ask Maurice or raise it at a club meeting.

ELY NYE 10K : 31 DEC

<i>Name</i>	<i>%</i>	<i>Time</i>
Alison Cooper	69.82	46.13
Karl Hiner	51.38	54.38
Liz Sandever	57.62	54.37
Madeline Boardman	76.78	38.58
Maurice Hemingway	72.12	42.20
Michaela Ridley	55.24	56.03
Pam Hemingway	57.43	56.40
Paul Ridley	49.72	56.03

BUNTINGFORD 10M : 28 DEC

<i>Name</i>	<i>%</i>	<i>Time</i>
Christine Bissell	62.02	1.22.41
Jack Rivers	49.60	1.40.38
Kevin Hewitt	64.35	1.14.36
Neil Adams	69.68	1.05.56
Pete Bissell	69.79	1.07.46
Sally Hewitt	63.07	1.24.46
Tracey Patmore	74.74	1.08.37

SERPENTINE LFOTM 5K : 19 DEC

<i>Name</i>	<i>%</i>	<i>Time</i>
Maurice Hemingway	69.65	21.12
Tom Hemingway	64.76	22.14

BEDFORD HARRIERS ½M : 14 DEC

<i>Name</i>	<i>%</i>	<i>Time</i>
Neil Adams	67.68	1.30.23

Tracey Patmore 74.24 1.31.47

STEVENAGE NO.3 5K : 10 DEC

<i>Name</i>	<i>%</i>	<i>Time</i>
Maurice Hemingway	68.46	21.34
Neil Adams	68.84	19.35
Norman King	51.15	28.38
Tracey Patmore	72.66	20.48

NENE VALLEY 10M : 7 DEC

<i>Name</i>	<i>%</i>	<i>Time</i>
Alison Cooper	69.74	1.16.01
Liz Sandever	54.55	1.30.32
Lucy Boothby	50.68	1.42.01
Neil Adams	68.74	1.06.50
Neil Shorten	64.84	1.08.53
Phil Redden	84.13	1.01.20
Tracey Patmore	75.80	1.07.39

NORWICH HALF : 30 NOV

<i>Name</i>	<i>%</i>	<i>Time</i>
Maurice Hemingway	69.53	1.36.21
Paul Veitch	74.62	1.19.56

WOLVERTON 5M : 29 NOV

<i>Name</i>	<i>%</i>	<i>Time</i>
Maggie Tanner	51.47	49.08

STEVENAGE NO.2 5K : 26 NOV

<i>Name</i>	<i>%</i>	<i>Time</i>
Maurice Hemingway	73.40	20.07
Karl Hiner	70.01	19.22
Neil Adams	69.37	19.26
Neil Holmes	44.27	30.40
Neil Stevenson	74.06	18.20
Norma Leckie	68.34	25.50
Norman King	49.69	29.31
Pam Hemingway	56.97	27.40
Phil Redden	82.72	18.18
Tracey Patmore	73.90	20.27

STEVENAGE NO.1 5K : 12 NOV

<i>Name</i>	<i>%</i>	<i>Time</i>
Maurice Hemingway	74.26	19.53
Neil Adams	69.37	19.26
Neil Holmes	45.43	29.53
Neil Stevenson	73.79	18.24
Norman King	50.88	28.47
Phil Redden	81.31	18.37
Tracey Patmore	74.82	20.12

BUSHFIELD FROSTBITE 5M : 9 NOV

<i>Name</i>	<i>%</i>	<i>Time</i>
Abi Howarth	59.50	39.59
Adrian Bloxham	67.42	32.55
Alan Huckle	68.60	34.04
Alison Cooper	69.73	36.53
Andy Philips	76.38	30.50
Anne Furbank	86.28	34.23
Barbara Reading	62.51	47.58
Christine Bissell	64.97	38.17
David Flory	60.97	37.45
David Irwin	62.68	37.00
Frank Scutt	54.51	53.54
Gavin Reynolds	70.00	30.38
Jack Rivers	48.67	49.33
Jo Owen	60.70	40.19
John Wilcock	59.27	42.49
Jonathan Ramsden	60.92	35.12
Karen Childerley	54.32	43.48
Karl Hiner	70.89	31.32
Kathryn McCready	56.17	44.17
Keith Pritchard	70.15	31.25
Kevin Hewitt	66.61	34.49
Liz Hainsby	58.74	40.30
Liz Sandever	53.85	44.11
Lucy Boothby	51.35	48.50
Madeline Boardman	75.61	31.28
Mark Forster	60.05	36.42
Martyn Blackwell	75.65	30.12
Maurice Hemingway	74.62	32.35

Michael Reading	64.99	42.11
Michaela Forster	53.46	44.30
Neil Stevenson	72.65	30.46
Norma Leckie	71.08	40.52
Oliver Wright	68.73	31.12
Paul Ridley	64.52	34.24
Paul Veitch	74.99	28.47
Pauline Eastoe	60.88	45.24
Pete Bissell	70.70	32.19
Phil Redden	82.64	30.10
Philip Hainsby	52.86	40.34
Rachel Sutcliffe	78.82	31.03
Richard Furbank	63.76	40.54
Rod Mackenzie	55.77	39.31
Ron Eastoe	51.90	47.38
Ruth Chamberlain	60.49	39.20
Sarah Bates	54.70	46.37
Steve Deacon	49.31	51.00
Tina Blackwell	59.39	40.53

NEW YORK MARATHON : 2 NOVEMBER

<i>Name</i>	<i>%</i>	<i>Time</i>
Paul Reader	53.51	4.06.14

SERPENTINE LFOTM 5K : 31 OCTOBER

<i>Name</i>	<i>%</i>	<i>Time</i>
Les Thomas	79.89	16.18
Maurice Hemingway	75.65	19.31

DUBLIN MARATHON : 27 OCT

<i>Name</i>	<i>%</i>	<i>Time</i>
Neil Adams	61.73	3.28.55
Tracey Patmore	73.85	3.12.56

FENLAND 10 : 26 OCT

<i>Name</i>	<i>%</i>	<i>Time</i>
Maurice Hemingway	74.45	1.07.36
Netta Tyler	63.36	1.20.56
Pamela Hemingway	59.12	1.30.26

BEACHY HEAD MARATHON : 25 OCT

<i>Name</i>	<i>%</i>	<i>Time</i>
Barbara Reading	51.58	5.30
Christine Bissell	46.56	5.06
Michael Reading	45.83	5.47
Norma Leckie	56.45	4.54
Pete Bissell	43.38	5.06

ABINGDON MARATHON : 19 OCT

<i>Name</i>	<i>%</i>	<i>Time</i>
Alan Huckle	62.30	3.37.54
Alison Cooper	64.90	3.46.53

Karl Hiner	66.58	3.15.04
Keith Pritchard	67.49	3.08.54
Maurice Hemingway	70.51	3.20.15
Siobhan Parker	67.58	3.37.53
Steve Childerley	68.67	3.04.42

AMSTERDAM MARATHON : 19 OCT

Name	%	Time
Nigel Prout	70.56	3.05.24

AMSTERDAM HALF : 19 OCT

Name	%	Time
Alan Turnbull	72.74	1.24.42

GREAT EASTERN HALF : 12 OCT

Name	%	Time
Alison Cooper	55.06	2.07.55
Alison Farrer	53.26	2.05.54
Darren White	66.38	1.30.53
David Irwin	59.10	1.48.08
Emma Wallis	61.76	1.46.33
Frank Scutt	55.79	2.24.58
Iona Marks	55.65	2.02.26
John Allen	50.33	2.12.01
Karen Childerley	54.17	2.01.28
Karl Hiner	47.27	2.10.20
Liz Sandever	50.50	2.10.18
Madeline Boardman	75.73	1.26.53
Matt Pyecroft	57.14	1.44.24
Maurice Hemingway	54.80	2.02.15
Michaela Ridley	51.47	2.11.19
Michelle Byatt	53.76	2.02.46
Neil Adams	68.32	1.29.32
Netta Tyler	63.42	1.47.26
Norma Leckie	73.12	1.48.42
Pamela Hemingway	58.11	2.02.15
Paul Reader	55.30	1.53.02
Paul Ridley	62.91	1.37.14
Pauline Eastoe	59.14	2.07.56
Rob Parker	65.86	1.33.33
Russell Scrivener	53.19	1.57.31
Sarah Bowles	57.98	1.53.29
Tracey Patmore	75.60	1.30.08

GT NORTH RUN : 5 OCT

Name	%	Time
Jack Rivers	48.20	2.17.51
Les Thomas	75.46	1.19.03

STANDALONE 10K : 5 OCT

Name	%	Time
Natalie Fairbairn	48.77	61.59
Stephanie Williams	62.36	50.53

BERLIN MARATHON : 28 SEPT

Name	%	Time
Anne Furbank	86.60	3.15.38
Darren White	57.00	3.43.07

MABLETHORPE MARATHON : 14 SEPT

Name	%	Time
Christine Bissell	52.50	4.31.23
Pete Bissell	54.87	4.01.54

ROBIN HOOD MARATHON : 14 SEPT

Name	%	Time
Paul Veitch	76.78	2:45:11

GRUNTY FEN HALF : 14 SEPT

Name	%	Time
Barbara Reading	63.97	2.08.13
Karl Hiner	67.08	1.31.51
Madeline Boardman	73.95	1.28.59
Neil Adams	67.81	1.30.13
Paul Reader	54.52	1.54.39
Tracey Patmore	74.89	1.30.59

KENT COAST MARATHON : 7 SEPT

Name	%	Time
Oliver Wright	65.29	3.14.46

SWINESHEAD 10 MILE : 7 SEPT

Name	%	Time
Adrian Jarvis	58.24	1.23.42
Alan Huckle	68.63	1.10.29
Barbara Reading	62.43	1.38.53
Christine Bissell	57.39	1.29.21
Emma Wallis	60.46	1.21.41
Karl Hiner	65.58	1.10.34
Lindsay Mitton	53.02	1.33.08
Liz Sandever	47.41	1.44.10
Malcolm Pritchard	63.53	1.10.49
Martyn Blackwell	72.57	1.05.20
Maurice Hemingway	67.84	1.14.11
Michael Reading	59.37	1.35.34
Michaela Ridley	48.39	1.45.07
Norma Leckie	70.24	1.25.10
Pamela Hemingway	53.70	1.39.33
Paul Ridley	63.25	1.12.38
Pete Bissell	63.44	1.14.33
Phil Redden	63.17	1.21.41
Rob Moir	59.69	1.18.05
Sarah Bowles	56.78	1.26.58
Stephanie Williams	58.59	1.28.59
Will MacKay	78.09	58.07

SWINESHEAD 5 MILE : 7 SEPT

<i>Name</i>	<i>%</i>	<i>Time</i>
Nick McGlashan	61.93	37.27
Tim McGlashan	62.47	35.05

SERPENTINE LFOTM 5K : 29 AUGUST

<i>Name</i>	<i>%</i>	<i>Time</i>
Maurice Hemingway	74.32	19.52
Pam Hemingway	56.83	27.44

LONDON PRIDE 10K : 16 AUGUST

<i>Name</i>	<i>%</i>	<i>Time</i>
Malcolm Pritchard	66.61	40.58

NEWARK HALF : 10 AUGUST

<i>Name</i>	<i>%</i>	<i>Time</i>
Madeline Boardman	72.37	1.30.55

CRANFIELD 5M : 8 AUGUST

<i>Name</i>	<i>%</i>	<i>Time</i>
Lindsay Mitton	54.21	43.53
Matt Pyecroft	60.43	35.29

YATELEY 10K : 6 AUGUST

<i>Name</i>	<i>%</i>	<i>Time</i>
Rob Parker	69.13	40.36

WELLINGBOROUGH 5M : 3 AUGUST

<i>Name</i>	<i>%</i>	<i>Time</i>
Netta Tyler	61.01	40.46

WERRINGTON 5K : 30 JULY

<i>Name</i>	<i>%</i>	<i>Time</i>
Martyn Blackwell	78.32	17.43
Maurice Hemingway	71.73	20.35
Pamela Hemingway	57.88	27.14

SWANAGE HALF MARATHON : 26 JULY

<i>Name</i>	<i>%</i>	<i>Time</i>
Norma Leckie	69.11	1.55.0

SERPENTINE LFOTM 5K : 25 JULY

<i>Name</i>	<i>%</i>	<i>Time</i>
Maurice Hemingway	72.91	20.15
Pam Hemingway	57.45	27.26

ST IVES 10K : 20 JULY

<i>Name</i>	<i>%</i>	<i>Time</i>
Alison Cooper	68.56	47.04
Christine Bissell	63.25	49.21
Dianne Prout	67.52	47.00

Madeline Boardman	75.64	39.33
Maurice Hemingway	73.48	41.33
Michaela Ridley	52.08	59.27
Norma Leckie	73.59	49.31
Norman King	51.41	58.54
Pamela Hemingway	58.10	56.01
Pauline Eastoe	65.36	53.03
Pete Bissell	65.67	43.41
Rachel Sutcliffe	79.12	38.49
Rob Moir	65.09	43.26
Ruth Chamberlain	58.37	51.15
Tina Blackwell	61.89	49.14
Vicky O'Gram	56.25	53.11

BUSHFIELD 10K : 13 JULY

<i>Name</i>	<i>%</i>	<i>Time</i>
Karl Hiner	66.80	42.01
Madeline Boardman	75.61	39.34
Maggie Tanner	51.56	1.01.33
Steve Childerley	68.87	39.10

YATELEY 10K : 2 JULY

<i>Name</i>	<i>%</i>	<i>Time</i>
Rob Parker	71.00	39.32

EYE 5K : 2 JULY

<i>Name</i>	<i>%</i>	<i>Time</i>
Karl Hiner	66.94	20.17
Madeline Boardman	74.20	19.24
Martyn Blackwell	77.59	17.53
Maurice Hemingway	71.85	20.33
Pamela Hemingway	56.63	27.50

SERPENTINE LFOTM : 20 JUNE

<i>Name</i>	<i>%</i>	<i>Time</i>
Les Thomas	79.97	16.17

PBORO 5K : 18 JUNE

<i>Name</i>	<i>%</i>	<i>Time</i>
Emma Wallis	64.41	22.21
Karl Hiner	68.11	19.56
Les Thomas	79.80	16.19
Martyn Blackwell	77.74	17.51
Phil Redden	67.58	22.24

RAMSEY 10K : 15 JUNE

<i>Name</i>	<i>%</i>	<i>Time</i>
Alan Turnbull	83.21	33.44
Madeline Boardman	74.30	40.16
Maurice Hemingway	73.45	41.34
Keith Pritchard	70.54	39.14
Netta Tyler	63.59	49.05

Phil Redden	82.17	38.06
Robert Tyler	50.45	53.28

ST ALBANS HALF : 8 JUNE

Name	%	Time
Tracey Patmore	73.02	1.33.19

HARVEL 5M : 7 JUNE

Name	%	Time
Matt Pyecroft	59.42	36.05

PBORO 5K : 4 JUNE

Name	%	Time
Martyn Blackwell	77.16	17.59
Will Mackay	77.56	16.57

YATELEY 10K : 4 JUNE

Name	%	Time
Rob Parker	68.85	40.46

SERPENTINE LFOTM 5K : 30 MAY

Name	%	Time
Maurice Hemingway	71.27	20.43

LONDON BUPA 10K : 26 MAY

Name	%	Time
Netta Tyler	62.36	50.03
Robert Tyler	48.76	55.19

EDINBURGH MARATHON : 25 MAY

Name	%	Time
Maurice Hemingway	70.04	3.21.35

BENTLEY CHARLES 10K : 19 MAY

Name	%	Time
Kevin Hewitt	66.46	43.49

ROSS PEERS HALF : 18 MAY

Name	%	Time
Christine Bissell	59.93	1.53.42
Karl Hiner	65.94	1.33.26
Liz Sandever	37.95	2.53.23
Peter Bissell	68.07	1.32.30

WHITE PEAK FAST HALF : 17 MAY

Name	%	Time
Rob Parker	68.12	1.30.27

EYE 10K : 11 MAY

Name	%	Time
Allison Farrer	50.97	60.15

Anne Furbank	85.88	43.20
Barbara Reading	60.49	62.11
Carol Laughton	42.24	71.34
Christine Bissell	60.76	51.22
Darren White	68.93	39.52
David Flory	61.38	47.05
Dianne Prout	62.12	51.05
Karl Hiner	65.00	43.11
Keith Pritchard	68.50	40.24
Lindsay Mitton	51.49	58.06
Liz Sandever	37.16	80.31
Louise Turner	35.85	85.40
Madeline Boardman	72.58	41.13
Maggie Tanner	49.88	63.37
Mark Forster	53.79	51.27
Matt Pyecroft	56.81	47.29
Maurice Hemingway	69.92	43.40
Neil Adams	63.10	44.10
Nick McGlashan	60.92	47.48
Norma Leckie	70.76	51.30
Pamela Hemingway	53.22	61.09
Paul Adams	55.46	48.38
Paul Veitch	74.08	36.35
Peter Bissell	67.77	42.20
Phil Redden	81.21	38.33
Richard Furbank	61.06	53.38
Rob Moir	62.34	45.21
Stephanie Williams	59.48	53.21
Steve Clayden	57.81	49.16
Steve Deacon	48.89	64.36
Tina Blackwell	56.57	53.52
Tracey Patmore	73.53	42.27
Vicky O'Gram	52.76	56.42

SILVERSTONE 10K : 6 MAY

Name	%	Time
Andy Hynes	67.87	43.14
Karl Hiner	66.28	42.21
Michaela Ridley	52.89	58.32
Paul Ridley	70.94	39.17

IMPINGTON 5K : 5 MAY

Name	%	Time
Madeline Boardman	72.89	19.45

GT EAST ANGLIA 10K : 4 MAY

Name	%	Time
Darren White	71.13	38.38

SALOU 10K : 4 MAY

Name	%	Time
Maurice Hemingway	66.47	45.56
Pamela Hemingway	54.17	1.00.05

SHAKESPEARE MARATHON : 27 APRIL

<i>Name</i>	<i>%</i>	<i>Time</i>
Alison Cooper	62.86	3:54:14
Christine Bissell	54.46	4:46.41
Dianne Prout	54.02	4:28.07
Emma Wallis	56.29	4:06.40
Keith Ritchie	61.78	3:31.45
Kevin Hewitt	50.16	4:28.33
Liz Sandever	38.12	6:04.13
Maurice Hemingway	64.80	3:37.54
Michelle Ritchie	48.93	4:53.35
Nigel Prout	69.61	3:07.55
Paul Ridley	54.32	3:57.25
Pete Bissell	59.09	3:44.38
Phil Redden	58.68	4:06.40
Sally Hewitt	54.46	4:32.40
Steve Childerley	61.64	3:25.46
Steve Clayden	36.16	6:04.20

SHAKESPEARE HALF : 27 APRIL

<i>Name</i>	<i>%</i>	<i>Time</i>
Pauline Eastoe	58.34	2:09.41

SERPENTINE LFOTM : 25 APRIL

<i>Name</i>	<i>%</i>	<i>Time</i>
Les Thomas	80.13	16.15

FLITWICK 10K : 20 APRIL

<i>Name</i>	<i>%</i>	<i>Time</i>
Annie Furbank	87.12	42.43
Darren White	70.85	38.47
Karl Hiner	66.17	42.25
Michaela Ridley	51.73	59.51
Neil Holmes	46.74	60.03
Norman King	47.94	63.10
Paul Ridley	68.72	40.33
Steve Clayden	59.56	47.30

BEDFORD OPEN 3K : 19 APRIL

<i>Name</i>	<i>%</i>	<i>Time</i>
Tina Blackwell	64.53	13.15

LONDON MARATHON : 13 APRIL

<i>Name</i>	<i>%</i>	<i>Time</i>
Alan Huckle	68.14	3:19.13
Andrew Hynes	61.44	3:40.56
Andrew Wolfe	67.16	3:25.15
John West	58.64	4:15.46
Madeline Boardman	70.87	3:15.56
Mark Beagley	68.82	3:12.52
Matt Pyecroft	59.14	3:34.27
Neil Shorten	59.70	3:32.27

Paul Reader	52.10	4:12.54
Paul Veitch	75.51	2:47.58
Phil Redden	86.28	2:47.45
Sarah Bowles	57.94	3:59.38
Sioban Parker	64.43	3:48.42
Steve Clayden	51.50	4:15.50
Sue Smith	51.53	4:38.44
Tracey Patmore	71.03	3:20.35

MONACO MARATHON : 30 MARCH

<i>Name</i>	<i>%</i>	<i>Time</i>
Mat Dowle	65.47	3:13.44

SANDY 10M : 30 MARCH

<i>Name</i>	<i>%</i>	<i>Time</i>
Alison Cooper	69.49	01:16:17
Andy Anderson	62.96	01:19:17
Anne Furbank	84.80	01:12:02
Chris Windebank	66.57	01:27:09
Claire Emery	53.83	01:31:44
Darren White	62.82	01:12:07
Emma Wallis	61.59	01:20:11
Ian Rowe	56.70	01:19:54
Karen Childerley	55.19	01:29:29
Karl Hiner	64.20	01:12:05
Kathy Garbould	60.44	01:34:13
Liz Chamberlain	41.27	01:59:40
Maggie Tanner	52.05	01:40:09
Maurice Hemingway	72.36	01:09:33
Michaela Ridley	50.36	01:41:01
Neil Adams	65.39	01:10:16
Netta Tyler	61.35	01:23:35
Nick McGlashan	59.77	01:20:19
Norma Leckie	73.10	01:21:50
Oliver Wright	67.54	01:06:08
Pamela Hemingway	50.90	01:45:02
Paul Ridley	68.05	01:07:31
Paul Veitch	73.74	01:00:36
Rob Moir	61.06	01:16:20
Robert Thompson	63.11	01:28:06
Russell Scrivener	54.05	01:26:52
Sam Windebank	57.36	01:26:36
Sarah Bowles	57.52	01:25:51
Steve Clayden	58.58	01:20:09
Steve Pledger	73.39	01:07:28
Tracey Patmore	74.07	01:09:14

BATH HALF : 16 MARCH

<i>Name</i>	<i>%</i>	<i>Time</i>
Tina Blackwell	56.83	1:54.04

OAKLEY 20 : 16 MARCH

<i>Name</i>	<i>%</i>	<i>Time</i>
Alison Cooper	63.01	2.54.57
Andy Anderson	56.33	3.05.33
Antony Farrugia	43.99	3.34.20
Barbara Reading	64.70	3.18.13
Emma Wallis	59.23	2.54.46
Keith Pritchard	64.28	2.28.40
Madeline Boardman	69.26	2.29.28
Malcolm Pritchard	63.11	2.29.27
Mark Beagley	64.79	2.32.53
Matt Pyecroft	60.36	2.36.13
Neil Adams	64.42	2.29.23
Nigel Prout	67.86	2.23.52
Oliver Wright	65.54	2.23.52
Paul Ridley	64.52	2.29.10
Pete Bissell	64.48	2.33.37
Steve Childerley	59.18	2.39.20
Steve Clayden	51.85	3.09.39
Tracey Patmore	71.10	2.30.00

BRJ FROSTBITE 5M : 2 MARCH

<i>Name</i>	<i>%</i>	<i>Time</i>
Adrian Jarvis	63.25	37.14
Alan Turnbull	77.98	28.40
Andy Anderson	60.44	39.54
Andy Boast	82.58	29.56
Ann Storey	72.44	41.52
Claire Emery	57.68	41.15
John Storey	70.24	39.28
John Wilcock	61.89	41.00
Kathrine Mackay	64.75	37.46
Kathryn McCreedy	60.15	41.21
Keith Pritchard	70.75	31.09
Liz Sandever	45.14	52.42
Maggie Tanner	52.21	48.26
Malcolm Pritchard	66.22	32.49
Mark Beagley	67.93	33.38
Mark Forster	60.08	36.41
Martyn Blackwell	76.84	29.44
Maurice Hemingway	70.34	34.34
Michael Reading	65.53	41.50
Michaela Ridley	46.71	52.49
Nick McGlashan	61.90	37.28
Nigel Sanders	54.30	44.03
Norma Leckie	72.29	40.11
Pamela Hemingway	48.62	53.21
Paul Ridley	66.42	33.25
Phil Redden	84.74	29.25
Philip Ingle	74.37	31.11
Robert Thompson	60.53	44.23
Russell Scrivener	54.17	41.52
Ruth Chamberlain	58.66	40.34
Sarah Huckle	61.28	41.58

Sioban Parker	69.92	36.47
Steve Deacon	51.79	48.34
Steve Pledger	73.56	32.31
Suzi Boast	80.00	30.17
Tim McGlashan	65.19	33.37
Vicky O'Gram	56.24	42.18
Will Mackay	79.77	27.15

MILTON KEYNES HALF : 2 MARCH

<i>Name</i>	<i>%</i>	<i>Time</i>
David Irwin	63.66	1.40.24
Joan Dunning	56.18	2.20.02
Madeline Boardman	73.52	1.29.30
Paul Veitch	75.92	1.18.34
Peter Dunning	63.63	1.47.56

READING HALF : 2 MARCH

<i>Name</i>	<i>%</i>	<i>Time</i>
Michelle Wright	47.41	2.18.47
Oliver Wright	69.86	1.25.30

BURY 20 : 24 FEBRUARY

<i>Name</i>	<i>%</i>	<i>Time</i>
Andy Anderson	58.41	2.58.57
John West	60.03	3.06.30
Steve Clayden	50.31	3.15.27

CANNES HALF : 24 FEBRUARY

<i>Name</i>	<i>%</i>	<i>Time</i>
Mat Dowle	71.80	1.23.05

SLEAFORD HALF : 24 FEBRUARY

<i>Name</i>	<i>%</i>	<i>Time</i>
Karl Hiner	59.05	1.44.20
Kathy Garbould	58.75	2.08.47
Liz Sandever	44.22	2.28.49
Maggie Tanner	50.02	2.18.28

STAMFORD VAL. 30K : 10 FEBRUARY

<i>Name</i>	<i>%</i>	<i>Time</i>
Barbara Reading	65.63	3:01:09
Christine Bissell	58.46	2:49:06
Emma Wallis	59.76	2:40:25
Matt Pyecroft	61.30	2:22:20
Maurice Hemingway	67.19	2:25:14
Paul Reader	49.26	3:04:52
Peter Bissell	63.80	2:23:46
Phil Redden	84.19	1:58:50
Steve Clayden	50.65	2:59:48
Tracey Patmore	71.64	2:17:59

GT BENTLEY HALF : 3 FEBRUARY

<i>Name</i>	<i>%</i>	<i>Time</i>
Michelle Wright	51.48	2.07.49
Oliver Wright	69.04	1.26.24

FOLKSWORTH 15 : 20 JANUARY

<i>Name</i>	<i>%</i>	<i>Time</i>
Barbara Reading	63.78	2.28.10
Christine Bissell	59.59	2.11.46
Emma Wallis	59.83	2.06.56

John West	59.14	2.18.58
Madeline Boardman	72.42	1.44.52
Matt Pyecroft	54.32	2.06.56
Michael Reading	60.95	2.23.00
Paul Reader	52.85	2.16.32
Peter Bissell	63.52	1.54.26

ST ALBANS 10M : 20 JANUARY

<i>Name</i>	<i>%</i>	<i>Time</i>
Maurice Hemingway	71.78	1.10.07